LUNCHTIME CO

Week 1

Commencing • 22nd April • 13th May • 10th June • 1st Jul • 22nd July • 2nd Sep • 23rd Sep • 14th Oct



W W W W W MEAT FREE	Monday	шшшшшш Tuesday	Wednesday	u u u u u u Thursday	wwwwwww	
Freshly baked bread	Home baked bread	Wholemeal	Garlic Bread	Wholemeal	Focaccia	
Menu choice 1	Quorn dog in a roll with potato wedges	Sticky chicken and vegetable with rice	Beef lasagne with salad	Roast turkey with roast potatoes	Fish fingers & chips with garden peas	
Menu choice 2	Vegetable chilli Taco with potato wedges	Quorn balls in tomato & basil sauce with rice	Jacket potato with cheese & beans	Vegetable burger	Fishless fish fingers & chips with garden peas	
Sides	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	
Desserts	Pancake & sauce Sliced fresh fruit	Fruit flapjack Sliced fresh fruit	Cappuccino cake Sliced fresh fruit	Oat and fruit slice Sliced fresh fruit	Fruit jelly Sliced fresh fruit	
Our mission is to make your lunchtime meal the highlight of your day.						

Some of our food may contain allergens. Please ask our chef for advice.

LUNCHTIME CO

Week 2

Commencing • 29th April • 20th May • 17th June • 8th Jul • 22nd July • 9th Sep • 30th Sep



Some of our food may contain allergens. Please ask our chef for advice.

W W W W W W MEAT FREE	w w w w w w w w w w w w w w w w w w w	шшшшшш Tuesday	шшшшшш Wednesday	шшшшшш Thursday	wwwwwwwwww
Freshly baked bread	Garlic bread	Wholemeal bread	Ciabatta	Wholemeal	Herb focaccia
Menu choice 1	Macaroni cheese	Beef meat balls in tomato & garlic sauce & rice	Chicken in a bun with new potatoes	Roast pork & apple sauce with roast potatoes	Battered fish & chips with garden peas
Menu choice 2	Cheese and tomato quiche with salad & coleslaw	Bean and vegetable in tomato and herb sauce bake	Jacket potato with beans & cheese	Quorn sausage with roast potatoes	Roasted pepper & cheese pitta pizza & chips with garden peas
Sides	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads
Desserts	Lemon drizzle cake Sliced fresh fruit	Ice cream Sliced fresh fruit	Apple pie & custard Sliced fresh fruit	Chocolate mousse Sliced fresh fruit	Carrot cake Sliced fresh fruit

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LUNCHTIME CO

Week 3

Commencing • 6th May • 3rd June • 24th June • 15th Jul • 16th Sep • 7th Oct



MEAT Monday Tuesday Wednesday Thursday Friday					
Freshly baked bread	Garlic bread	Wholemeal bread	Ciabatta	Poppy seed wholemeal	Focaccia
Menu choice 1	Vegetable lasagne with salad	Sausage & mash	Loaded salmon potato skins	Roast chicken with roast potatoes and Yorkshire pudding	Fish & chips with garden peas
Menu choice 2	Squash, spinach & chickpea filo slice	Vegetable & chickpea bolognaise	Jacket potato with cheese and beans	Quorn fillet with roast potatoes	Vegetable pitta bread pizza with chips
Sides	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads
Desserts	Chocolate Brownie Sliced fresh fruit	Strawberry mousse Sliced fresh fruit	Fudge tart Sliced fresh fruit	Berry cheese cake Sliced fresh fruit	Orange & lemon muffin Sliced fresh fruit

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