

Medical diet – School Meal Request Form

At Cambridgeshire Catering Services our menus adhere strictly to the School Food Standards and we endeavour to cater to the majority of the school population. We are aware that not everyone is able to eat all foods **safely**. If a child has a medically diagnosed allergy or intolerance, we can work with parents and health professionals to develop an individual menu for that child. In order for CCS to provide a special menu for a child, parents should complete this form in full.

Please note: We cannot process this form or provide a menu without the support of the child's health team. Please ask you GP/Health Professional to sign where indicated on page 2 or supply a GP's letter confirming diagnosis.

School	Post code / Area
Telephone	
Child's details	
Full Name	Date of birth: __ / __ / ____
Parent/guardian contact	
Telephone contact	Mob.....
Email	<input type="text"/>
Contact via school only	
Please supply a current photograph of the child and give to the school or caterer.	

Please complete both sides and send by post or email to the address given below.
Please allow two working weeks for the menu to be arranged and in the meantime continue to supply a packed lunch from home until the menu is in place.

Please note that on a rare occasion CCS may decline to provide a menu or ask parents to provide a packed lunch on some days. This is not done lightly and usually occurs when a child has a very restricted diet, coupled with the limitations of catering for large numbers in a school. In this case we feel the parent is best placed to provide food at lunch to ensure a balanced diet is provided for that child.

CCS Dietitian
C/O Christine Grainger
CCS, Box OCT1214,
The Octagon (2nd Floor)
Shire Hall, Cambridge, CB3 0AP

Or via email to: christine.grainger@cambridgeshire.gov.uk

Menu Planning

This menu will be planned around eliminating the reported allergen/s. It will be nutritionally balanced where possible and as close to the standard menu as the diet will allow. The CCS kitchens are nut free environments, and we take every precaution to eliminate cross contamination with all allergens. However we cannot guarantee 100% allergen free.

Please ring or indicate

Lunch required all week:	YES	Special occasions only
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Menu requirements			
Please give brief description of symptoms:	Please indicate the Foods (triggers) to be excluded from the menu:		
	Gluten		Wheat
	Milk: Lactose		Milk: Casein
	Eggs: Raw		Egg: Cooked & Raw
	Fish		Soya
	Tree nuts		Peanuts
Allergy only Injectable treatment required in an emergency <div style="text-align: right;">Yes No</div> Care plan in place Yes No	Other foods:		
Information: e.g. Vegetarian:			
<i>Whilst we will try to consider preferences with special menus we cannot always guarantee availability.</i>			

GP or other Health Professional and parents signature	
I can confirm that this child needs to exclude the foods indicated above This is due to an Intolerance / Allergy / Coeliac disease or other Medical condition Surgery / hospital <div style="display: flex; justify-content: space-between;"> <div>GP/HP signature</div> <div>Print name.....</div> </div> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div>Parent signature</div> <div>CCS rep</div> </div>	

This document is confidential and a current copy should be kept with the child's care plan with the latest menu. A copy of the menu and a current photograph will be kept in the school kitchen.