

LUNCH MENU



WEEK 1

Weeks commencing: 29th Aug • 19th Sept • 10th Oct • 7th Nov • 28th Nov • 19th Dec • 16th Jan • 6th Feb • 6th Mar • 27th Mar

50%
Contains
50% fruit

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	Award winning pork sausages with gravy and mashed potatoes	Organic beef chilli with mixed rice	Chicken pasta bake with garlic and herb focaccia	Roast pork, stuffing, apple sauce and gravy with roast potatoes	Battered cod fillet with tomato sauce and chips
	Quorn sausage with gravy and mashed potatoes	Macaroni cheese and wholemeal bread	Cheesy parsnip bake with garlic and herb focaccia	Roasted pepper flan with roast potatoes	Quorn dippers with BBQ sauce and chips
	Salmon salad wrap	Jacket potato with baked beans	Ham Ploughman's	Jacket potato with tuna and sweetcorn	Egg and cress on an open bun
DESSERTS	Chocolate surprise cake and organic milk	Apple and banana crisp with custard	Wicked fruity Wednesday	Peach pudding with vanilla sauce	Mini chocolate oat biscuit and fruit
	Organic yogurt	Fruit and yogurt granola pot	Organic yogurt	Frozen yogurt	Organic yogurt

WEEK 2

Weeks commencing: 5th Sept • 26th Sept • 17th Oct • 14th Nov • 5th Dec • 2nd Jan • 23rd Jan • 20th Feb • 13th Mar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	Local pork and apple grill in a bun	Leek and ham pasta bake with French bread	Organic minced beef pie with gravy and mashed potatoes	Roast chicken, stuffing and gravy with roast potatoes	Salmon bites or cod goujons with chips
	Quorn grill in a bun	Bean and vegetable bake with diced potatoes	Falafels in a wrap with winter slaw	Quorn fillet, stuffing and gravy with roast potatoes	Vegetable enchilada with mixed rice
	Jacket potato with baked beans	Tuna and cucumber roll	Ham salad baguette	Cheese salad wrap	Jacket potato with cheese and winter slaw
DESSERTS	Fudge tart with chocolate sauce	Sticky toffee apple sponge with custard	Wicked fruity Wednesday	Strawberry whip and a mini shortbread biscuit	Mini gingerbread and fruit
	Fruit and yogurt granola pot	Organic yogurt	Frozen yogurt	Organic yogurt	Organic yogurt

WEEK 3

Weeks commencing: 12th Sept • 3rd Oct • 31st Oct • 21st Nov • 12th Dec • 9th Jan • 30th Jan • 27th Feb • 20th Mar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	Organic beef lasagne with garlic bread	Chicken and sweetcorn pie with gravy and mashed potatoes	Mega ham and tomato pizza	Roast turkey, stuffing and gravy with roast potatoes	Fish fingers and chips
	Sweet potato and chickpea curry with mixed rice	Neapolitan pasta with garlic and herb focaccia	Mega cheese and tomato pizza	Vegetable samosas with rice and yogurt and mint dip	Spanish frittata and chips
	Egg and cress baguette	Jacket potato with baked beans	Jacket potato with tuna mayonnaise	Ham salad baguette	Sausages under wraps
DESSERTS	Rice pudding with mandarin oranges	Cappuccino cake with organic milk	Wicked fruity Wednesday	Apple pie with custard	Mini flapjack and fruit
	Frozen yogurt	Organic yogurt	Organic yogurt	Organic yogurt	Fruit and yogurt granola pot

AVAILABLE DAILY!



ALTERNATIVE DESSERTS



Salad bar available subject to the style of service. Some menus or items on the menu are subject to change. All vegetables are seasonal with the exception of peas, sweetcorn and baked beans.

