

## Preschool daily routine

## Morning session

8.45am Welcome

Free play

9.00am Outdoor/free flow (weather permitting)

10.00am Rolling snack/indoor activities

10.30am Singing time

10.40am Outdoor free play

1100am Nappy check

Talking time

1140am Story time

1145am Lunch club/home time



## Preschool daily routine

## Afternoon session

12.15pm Welcome/home time

Free play

1.30pm Tidy up

PE session

1.45pm Snack

2.15pm Outdoor free flow (weather permitting)

2.30pm Nappy check

3.00pm Yoga/music time

315pm Home time