Weekly Bulletin

MELDRETH Primary School

March 5th 2021



After a very different World Book Day this year, we all can't wait to have all children back in school next week. It is certainly what our children and families need and managing provision both on-line and in school has been incredibly challenging for school staff. Here are <u>some frequently asked questions about our return</u> for you. Please make sure that you read these carefully including staggered school times. Bookings for Breakfast and Afterschool Club are now open in MCAS. Our book return will be available daily at the front of school before you line up to speed things along.

GET SET FOR RED NOSE DAY!

Red Nose Day is back on Friday 19th March. The **new plastic free red noses** in 10 different characters representing the great outdoors, include a squirrel, fox, badger and more can be bought from school via your MCAS account. In these particularly challenging times, it has never felt more important to raise smiles and money for those who are struggling more than ever, as the continued impact of coronavirus brings unprecedented challenges to many.





Mrs Taylor is running in school for the whole school day and invites your child's class to join in. **Non-uniform sportswear** is required and **red noses can be bought and donations can be made through your MCAS app**.

For a bit of fun - you can guess how many laps of our school field Mrs. Taylor will run in the day <u>here</u> – let's hope it is a dry sunny day!

Meldreth Family COVID Testing

Households with school-age children can now test themselves twice a week from home using rapid Covid-19 home testing kits. Regular testing of people who are unable to stay at home and don't have symptoms means that people with Covid-19 can be detected early and can self-isolate. To find out where you can collect home test kits, visit: https://find-covid-19-rapid-test-sites.maps.test-and-trace.nhs.uk/

If you are unable to collect, you can order online to be delivered to your home: https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests or by calling 119.

Your Child's Sleep

The Children's Wellbeing Service are aware that many parents have struggled with their child's sleep during lockdown and have produced four videos to support you further. Videos are between 7 and 12 mins long, Part 1-3 for parents of primary school aged children

<u>Part One</u> - <u>Part Two</u> - <u>Part Three</u> - <u>Part Four for parents supporting adolescents with sleep.</u>

PTA News! - 2021 Active Hours Challenge

We are so close to our goal of 2021 Active Hours before the children come back to school on Monday. We have completed an incredible **1656 hours** since the 28th January meaning we only have **365** left to go over the weekend. Can we reach 2021 hours? Log your Active Hours <u>here</u> before the form closes on Monday 8th March. **Please close the page once submitted.** And don't forget to order your medal to have something to show for your efforts in your <u>MCAS account</u>.

We welcome any support you can give to support our school pool at <u>our crowdfunding campaign</u>. Thank you for helping to ensure future generations of children benefit from this unique and wonderful learning resource!

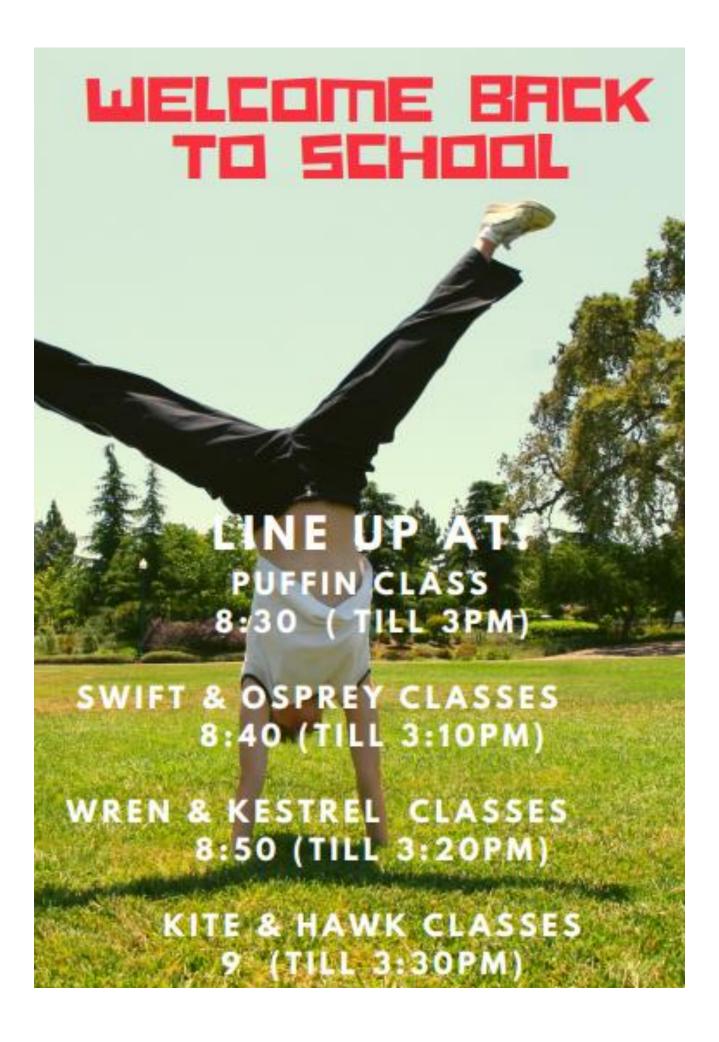








From the team at Meldreth Primary School...we have loved seeing your fabulous home learning!















Rapid Covid-19 Home Testing Kits

for households with children

Help us keep coronavirus out of school Take part in twice weekly rapid Covid-19 home testing

Households with school-age children can now test themselves twice a week from home using rapid Covid-19 home testing kits.

With up to one in three individuals with coronavirus showing no symptoms, it means some can potentially spread Covid-19 without knowing it. Regular testing of people who are unable to stay at home and don't have symptoms means that people with Covid-19 can be detected early and can self-isolate.

As children and young people return to the classroom, we need to be sure that potential Covid-19 cases are found as quickly as possible and that measures are put in place to prevent them from spreading throughout the school community. Although cases are declining generally, we all need to continue to play our part to keep the virus under control and ensure children and young people can remain in education.

Rapid Covid-19 home testing kits will be available for asymptomatic:

- adults living in households with primary and secondary-age pupils, including their childcare and support bubbles;
- school staff and adults working in the wider school community, including bus drivers and after school club leaders, as well as members of their households.

Testing is for adults only. Secondary school and college pupils will also undertake regular testing which will be provided via their school or college. Primary school pupils are not being offered rapid testing at this time but parents and carers should access a PCR Covid-19 lab test for them via the national booking system if they develop symptoms.

To find out where you can collect home test kits, visit: https://find-covid-19-rapid-test-sites.maps.test-and-trace.nhs.uk/

If you are unable to collect, you can order online to be delivered to your home: https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests or by calling 119.

You do not need to book an appointment or provide ID to collect your home testing kits. Each test kit contains seven lateral flow tests and instructions. You can get up to 28 tests at a time depending on the size of your household. The test usually involves taking a sample from your throat and from your nose, using a swab. You can get a result in 30 minutes.

Rapid tests don't identify all cases of Covid-19, so if your home rapid Covid-19 test is negative, it its vital you continue to follow government guidelines of social distancing, wearing face coverings and sanitising hands. If the test is positive, you should inform your child's school or college and self-isolate immediately with the rest of your household. You will be required to take a lab PCR Covid-19 test to confirm the result – you can book this at: https://www.gov.uk/get-coronavirus-test or call 119. If you have coronavirus symptoms get a lab PCR Covid-19 test.





