



'Learning together for life'

Meldreth Primary School
High Street, Meldreth, Nr. Royston, Herts. SG8 6LA

Telephone: 01763 260432
Email: office@meldreth.cambs.sch.uk
Website: www.meldreth.cambs.sch.uk

Headteacher: Mrs Sasha Howard

May 2021

Year 4 Sex and Relationships Education

Dear Parent/Carer,

We will shortly be beginning some work in Year 4 about **'Growing and Changing'**. This work forms part of an ongoing programme of Sex and Relationships Education, which we deliver throughout the school. Our **'Growing and Changing'** topic covers some elements of Science, Relationships Education and Health Education.

Your children will be engaging with the following questions as part of this work:

- What are the main stages of the human life cycle?
- How did I begin? Sex Education
- What does it mean to be 'grown up'?
- What am I responsible for now and how will this change?
- How do different caring, stable, adult relationships create a secure environment for children to grow up?

We encourage you to discuss any of these areas with your children before, during or after our topic, as children and young people say that they greatly value being able to talk their parents/carers about these issues. For more information on this, you might look at this helpful website: Family Lives www.familylives.org.uk.

We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children. You have the right to withdraw your child from the elements of our programme defined as sex education i.e. learning about human conception and birth. Please contact the Headteacher if you would like to discuss this.

The following language may be used as appropriate for the class:

Key areas of learning	Feelings/ relationships	Body parts and processes	Other
The Human Life Cycle External body parts Differences between male and female	Love dependent independent	breast nipple anus scrotum infection	toiletries bacteria hygiene germs

Do contact your child's class teacher if you have any questions.

