

Swift Signpost 67

Spellings

This week we are learning to write and spell contracted words. These are short words made by sticking two words together. Click the web link to see how contracted words can be created.

<https://www.youtube.com/watch?v=gubPH3WEurg>

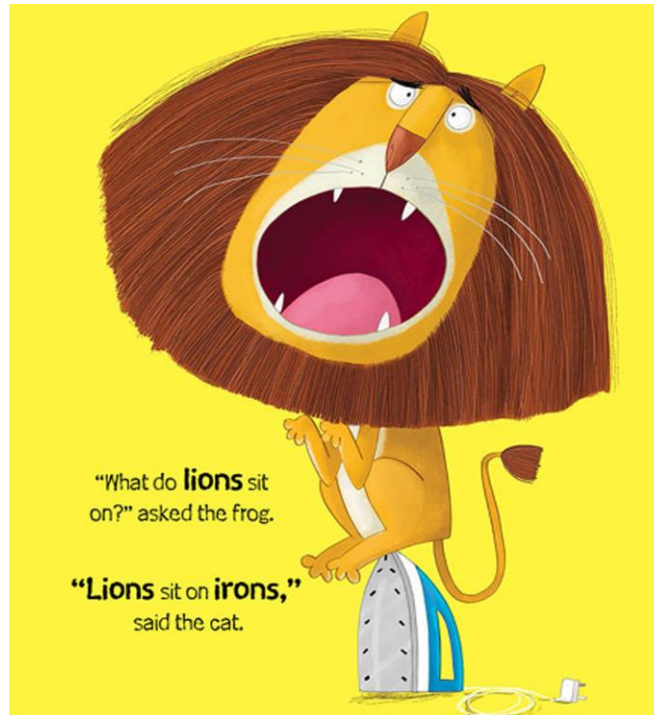
You can choose how many you want to practice. Think about how you would like to practice them.

I'm	they'll
I'll	we're
we'll	you're
she'll	he's
you'll	they're

Reading Corner



Watch Miss Jackson read *Oi Dog* by Kes and Claire Gray and Jim Field on Swift Class Home Learning or on tapestry.



Writing/Topic

Today we are preparing for writing our page for our very own *Oi Frog* book. Here is an example of a page.

Your job today is to do some research. Choose an animal. Create a list of words that rhyme with that animal. Decide what will be your rhyming word and practice your sentence.

Here is an example: I have chosen racoons. Words that rhyme with racoons.

- Spoons
- Balloons
- Moons
- Prunes

Racoons sit on balloons.

PHONICS - revision

Play Phonics Frog on Phonics Bloom to develop your sounding out, blending and reading fluency.

<https://www.phonicsbloom.com/uk/game/phonics-frog?phase=5>

MAGNIFICENT MATHS - Revision

We have completed all of our learning in maths for this year so now it is time to revise. Explore Maths Playground (select Grade 1 for your year group).

<https://www.mathplayground.com/> Let's focus on addition today. I really enjoyed playing Monster Addition and Math Man Addition.

Move Up task

Each day Miss Cole will be setting you an activity to do in preparation for moving up to Year 2. See below for your first task.

Hello Swifties!

It has been so lovely to get to know some of you this half term. Today I would like you to tell me all about your year in Swift Class.

You can write or draw pictures in each of the boxes.

I can't wait to hear about the wonderful things you have done.

From Miss Cole

PE - This week is our Virtual Sports Week. Practice the six different activities below every day. When you have your best scores ask your adult to email them to Miss Jackson. All entries must be Sent by Thursday 9th July at 6pm.

1. Speed bounce

Make a line on the ground. How many times can you jump side to side over the line in 30 seconds? You score 1 point per jump.



2. Get it in the hoop

Roll or throw a ball from a 3m distance. The aim is to get your ball to stop in the target (hoop or similar). You score 5 points for every successful attempt. How many points can you score in 60 seconds?



3. Keepy Uppy Challenge

How many times can you hit a balloon in the air in 60 seconds? You score 1 point per hit.



4. Standing Long Jump

Jump forward from two feet to two feet. Use a tape measure to find your score. Record your best jump from three attempts.

Scoring

Up to 50cm	5 points
50cm to 1m	10 points
1m to 1.5m	15 points
1.5 to 2m	20 points



5. Balance Ninjas

Find a piece of equipment to balance on. Using one foot only how long can you balance on that foot? You have up to 60 seconds. The points scored will be the number of seconds you balanced for.



6. Super Shuttle Sprint

Mark out a 3m distance using two cones or markers. How many times can you run around the two cones in 30 seconds? Scoring - one complete loop (around both cones) counts as 5 points, so two loops = 10 points etc.

