Weekly Bulletin

May 7th 2020





VE Day Bunting

In these unprecedented times, we are all learning to get used to a new normal. Parents are reporting that (unsurprisingly) learning and working at home **and** grappling with the realities of social distancing is adding stress to what is an already difficult situation.

Children's mental health and well-being, is being reported on more and more, with the Duke and Duchess of Cambridge now heavily involved with Place2Be. It is fair to say, that there is no 'magic fix', but at Meldreth we are always trying to think of new ways to support children's mental health and the worries they may have. Championed by Mirs Samways and Mirs Samways and Mirs McGinty, every Wednesday our home learning will signpost your child to take part in a well-being activity and a selection of resources have been placed on our new website

'Well-being Wednesday' page.

<u>Click here</u> to download the latest government advice on supporting the mental health of children and young people during the COVID 19 crisis.

Anyone for Tennis?

This week's sports challenge is Tennis! Attached is the timetable for the school games virtual challenges which will commence from next Monday. Don't forget to email your videos or pictures to either schoolgames@livingsport.co.uk or Claire McDonnell CMcdonnell@combertonvc.org









Struggling with the expectations of home learning?

We hope you and the children are enjoying the range of resources we are sourcing for home learning. It has been especially fantastic to see so many children using **Mathletics** and we hope this will continue into the future.

- Spend time looking at the program with your child
- Find out how your child is rewarded with **points that can earn them a weekly certificate** (My Awards area)
- Take part in real-time races in **Live Mathletics**, to boost mental calculations with children **from your child's own school or class.**

<u>StarLine</u> is another site providing home learning advice direct from qualified teachers and parenting and education experts and provides some reassuring advice. Don't forget that there is an extra day this weekend as we celebrate the 75th anniversary of VE Day.

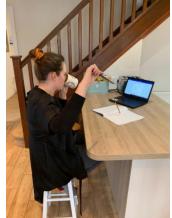
That is not Mr Jones' garden and is Miss Whitton using a magic wand?













Congratulations to Mrs Abbott who has been clearly working harder than any of us this week and has a **new baby boy**. Both are doing well and having some lovely cuddles with their new arrival!

From the team at Meldreth Primary School...we wish you all well!



Active

Challenge

Cross Curricular Challeng

Cambridgeshire and Peterborough Virtual School Games Week 2—Tennis Challenges



Monday

Tuesday

Wednesday Thursday

Friday

Floor Tennis

With a partner and a racket each pass the ball backwards and forwards along the floor. How many can you do in a rally?

https://youtu.be/JJptzgssn-o or make it harder https:// youtu.be/DBVEku_UX2E

Pirate Catch

With a partner and a ball. Your partner throws the ball for you to catch and balance on one leg whilst passing back.

https://youtu.be/nry2kGIGLZE or make it harder https:// youtu.be/OmX6vFun-ao

Switch Catch

With a partner and a ball each hold the ball out in front. Drop the ball at the same time and try to catch your partners ball.

https://youtu.be/iL-tMj_pJ7g or make it harder https:// youtu.be/NaWFNWCA7BE

High 5 Rallies

With a partner and a racket each drop the ball and tap it up to your partner to catch.

https://voutu.be/ <u>EkTXkod5EVQ</u> or make it harder https://voutu.be/ PHFIIYNb H4

Time to Play

Practice a few skills on your own before grabbing a partner and challenging them to a game.

https://www.youtube.com/ watch? v=lvySZYSZFNY&list=PLYGRalu

Design

Each year at Wimbledon the players have a new towel design. Design an exciting and colourful tennis towel to be used by the players at Wimbledon.

Alternative Equipment

Use a balloon, pair of socks or scrunched up piece of paper as a ball and a plastic plate, frying pan or wooden spoon as a racket.

Writing

Research a top tennis player e.g Andy Murray, Simona Halep, Alfie Hewit, Ashleigh Barty and write up a player profile on them.

Literacy

Write a glossary of as many tennis words as you or your family can think of e.g match, court, ace. Can you write a definition of each word.

Art

Create a poster to promote the game of tennis and why its fun.

History

Research the history of tennis and produce an information sheet about it.

Twitter and Facebook

@SouthCambsSSP @HuntsSSP @CambridgeSSP @witchfordSSP @StangroundAcad

@cambspborosg

South Cambs School Sports Partnership
Hunts School Sports Partnership
Cambridge SSP

Cambridge SSP

Witchford Sports Partnership

Stanground Academy

Cambridgeshire & Peterborough School Games

Freestyle Challenge

Fancy trying some tennis tricks & home challenges. There are loads of ideas <u>here</u> Give it a go and don't forget to share your best tricks with us! Children are encouraged to submit photos/videos of themselves and their families completing the challenges. Entries must include a school name & can be submitted via any of our social media platforms or emailed to schoolgames@livingsport.co.uk

#StayInWorkOut #TennisatHome













