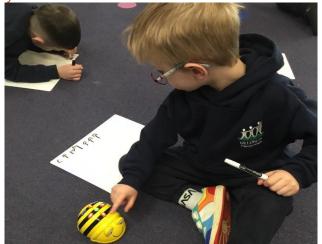
# Weekly Bulletin

January 6th 2023





**Programming in Puffin class** 

I hope you all had an enjoyable Christmas break (and that you escaped the many illnesses doing the rounds!). Are you all still holding fast with those New Year resolutions? As, at the start of every year, I would like to take this opportunity on behalf of all the staff to thank you for all the wonderful cards and gifts we received at the end of last term. We were all very touched at the thought put into the gifts and messages that we received.

Spring term is always our shortest term but do keep an eye on our website calendar and newsletters for dates of events. There is still so much to pack in! In return, please remember to let the office know if your contact details change or if your child will be absent due to illness, as this is a legal requirement.

It has been wonderful to see the new learning in school this week. There is an exciting term planned with fairy tales, storytelling, and learning about prehistoric times, the Arctic regions and the changing role of women in history appearing in school with lots of opportunities for 'learning together for life' at home too.

Your child's curriculum map for the term is coming soon to your child's class webpage. Please take time to read through the learning planned and consider any suggestions for learning at home.

### **Back to school - 5 things to do to help manage winter illness**

As your child returns to school, it is important to be aware of the winter illnesses currently circulating and the best ways to protect your child and others.

#### 1 - Staying home when unwell

Knowing when your child should stay at home from school or nursery if they are poorly can help slow the spread of many winter illnesses.

- If your child is unwell and has a fever, they should stay home from school or nursery until they feel better, and the fever has resolved.
- If your child has diarrhoea and or vomits, they should stay off school or preschool for at least 48 hours after their symptoms clear up.
- **2 Hand hygiene -** Hand washing is still one the most effective ways to stop germs from spreading.

- **3 Catching coughs and sneezes –** Teaching your child how to use a tissue to catch coughs and sneezes and then binning it before washing your hands with soap and water or hand sanitiser can help to stop infection from spreading.
- **4 Get vaccinated -** Flu vaccination is still available for all eligible age groups and is the best protection against the virus. Flu can be very unpleasant and in some cases can lead to more serious illness.
- **5 Use NHS resources for more information about winter illnesses -** Most winter illnesses can be managed at home and <u>NHS UK</u> has lots of information available to parents:
  - Information about flu symptoms and treating them at home
  - Information about scarlet fever symptoms and managing the illness
  - Information about fevers in children and how to manage them

### **Starting School**



The window for applying for a place for a 4 or 5 year old pre-schooler at primary school is open until 15th January 2023. Please do not leave completing the application until close to the deadline as late applications are considered after all first places have been offered. Click here to make your application now.

## Wrap-around care

Any changes to booking breakfast or afterschool care places now should be made by emailing as far ahead as possible to **lookout@meldreth.cambs.sch.uk**.

### **Important Announcements**



Upcoming Events	
Friday 20 <sup>th</sup> January	PTA School Disco
Tuesday 28 February	Y5 & 6 Quicksticks Hockey
13th to 17th February	HALF TERM
Wednesday 1st February	Bedtime Story After School
Thursday 23rd February	Parent Consultations
Tuesday 28th February	

